# ASI Ultra Marathon itinerary

### 17 Mar: Welcome to Greenland!

We begin our journey at the Copenhagen Airport Terminal, where you will receive your goodie bag and board your plane to Greenland.

We will arrive in Kangerlussuaq 11.20 am, local time. Upon arrival, we'll check in at hostel Old Camp, where we will spend the following two nights.

The organization team will give a brief welcome and go through the program for the following days.

- *Flight from Copenhagen to Kangerlussuaq*
- *Receive your race pack (start number, race shirt, etc.)*
- *Check in at Hostel Old Camp*
- *Race briefing and program introduction*

**Note:** The flight departs 09.30 am from Copenhagen, and Air Greenland does not cooperate with other airlines, meaning you must claim your luggage at Copenhagen Airport, clear customs, and check in again for your flight to Greenland. Thus, we strongly recommend that you do not book a same-day connection.

- Lunch
- Dinner

### 18 Mar: Kangerlussuaq - Training in navigation

Today, our experienced instructors and staff will give you training in navigation, emergency procedures, hypothermia, communication, and the use of emergency equipment in Arctic conditions.

- *Navigation Training*
- *Overnight at Old Camp*

- Breakfast
- Lunch
- Dinner

## 19 Mar: Stage 1 - 55 kilometers

Today the running adventure starts! We kick off the race near Old Camp and cross the finish line near the "Canoe Center", 55 kilometers away.

A checkpoint is located halfway.

**Distance:** 55 kilometers

**Elevation Gain:** 320 metres

**Elevation Loss:** 296 metres

A tented camp will be waiting for you at the end of each stage. After crossing the finish line, you can relax in your own tent or meet fellow runners and prepare your own meal in the communal area.

The camps are positioned in scenic, remote locations, offering a peaceful retreat after today's challenge.

- *Asi Ultra Marathon Stage 1: 55 kilometres*
- *Overnight in tented camp*

- Breakfast at Old Camp

## 20 Mar: Stage 2 - 52 kilometers

Today's stage takes you on a 52-kilometer journey from The Canoe Center to Innajuattoq.

A checkpoint is located halfway.

**Distance:** 52 kilometers

**Elevation Gain:** 448 metres

**Elevation Loss:** 295 metres

- *Asi Ultra Marathon Stage 2: 52 kilometres*
- *Overnight in tented camp*

## 21 Mar: Stage 3 - 53 kilometers

Today's stage takes you on a 53-kilometer journey from Innajuattoq to Sisimiut.

A checkpoint is located halfway.

**Distance:** 53 kilometers

**Elevation Gain:** 740 metres

**Elevation Loss:** 953 metres

After finishing the race, all runners will check into Hotel SØMA Sisimiut, where a nice warm room, a soft bed, a shower, and a warm dinner will be waiting for you.

- *Asi Ultra Marathon Final Stage: 53 kilometres*
- *Check in at Hotel SØMA Sisimiut*

- Dinner

## 22 Mar: Optional activities & Celebration Dinner

Today, you can either relax in Sisimiut, take a walk around the city, or book some of the many activities that Sisimiut has to offer, such as dog-sled riding or snowmobile tours.

In the evening, all participants will meet for a mouthwatering gala dinner celebrating the impressive journey you've experienced.

- *Relaxation in Sisimiut or optional activities*
- *Celebration dinner*

- Breakfast
- Celebration Dinner

## 23 Mar: Flight Sisimiut - Nuuk - Copenhagen

Sadly, our unforgettable adventure comes to an end today. After checking out of the hotel, we will make our way back to Copenhagen.

- *Flight to Copenhagen via Nuuk*

- Breakfast